



S.A.N.A. ACCREDITED FLY-FISHING INSTRUCTOR

FLY FISHING BY PAUL BUCHANAN

FORMER BRITISH RIVER FLY-FISHING CHAMPION

(7 Scottish International River Team Caps)



Who needs tuition!

You would be surprised at how many anglers receive fly fishing tuition in the course of a normal season. Not only do you have beginners (never having held a fly rod) wishing to learn to cast, but many other very experienced anglers seek new tactics and techniques to enhance their catches and enjoyment of the sport of fly fishing.

An angler who requires coaching or additional skills to help progress in the sport may never achieve the level of happiness that he/she desires and as a result never get the best out of the money they spend on this amazing hobby. Most beginners can be taught to cast in only two or three hourly sessions.

Why wait years for a skill that may never develop when a one hour session with an experienced coach could transform this season and all those to come!

When is coaching available?

I normally coach on Wednesdays (all day) and Saturday/Sunday (mornings only) and from April, mid-week evenings also become available.

Where do I coach?

I mainly coach fly fishing at Allandale Tarn Fishery in Polbeth (directions overleaf) because of the excellent facilities, warm welcome, well stocked tackle shop and most importantly of all, the best quality trout fishing in West Lothian. The Tarn has a very diverse range of aquatic life and forms a great subject to base the teaching of fly life, trout behaviour and fishing techniques. River coaching can be arranged on request.

What is involved in a typical coaching session?

For newcomers to fly fishing, I like to cover knots, basic casting techniques and playing a fish correctly in the first lesson. By the end of the lesson, a student will be expert at self diagnosis and be able to practice effectively on their own (and free of charge!).

Depending on your practice schedule or progress, we can arrange further sessions on casting brush-up and/or effective fly fishing methods/technique (mainly nymph and dry fly).

I always bring fly fishing tackle for your use although I recommend that if a student already has tackle, they should bring it along. Please also bring along eye protection (normal glasses or sunglasses) and a warm waterproof jacket and waterproof footwear.

How much does tuition cost?

1 hour session for 1 adult is £20.

1 hour session for under 16s is £17.50.

2 people can share a lesson and receive a 25% discount. For example, if an adult and under 16 (father & son/daughter maybe!) received a 1 hour lesson together, the total cost of £37.50 would be reduced to £28.

Coaching vouchers are priced as above and a discount is available if three or more vouchers are purchased.



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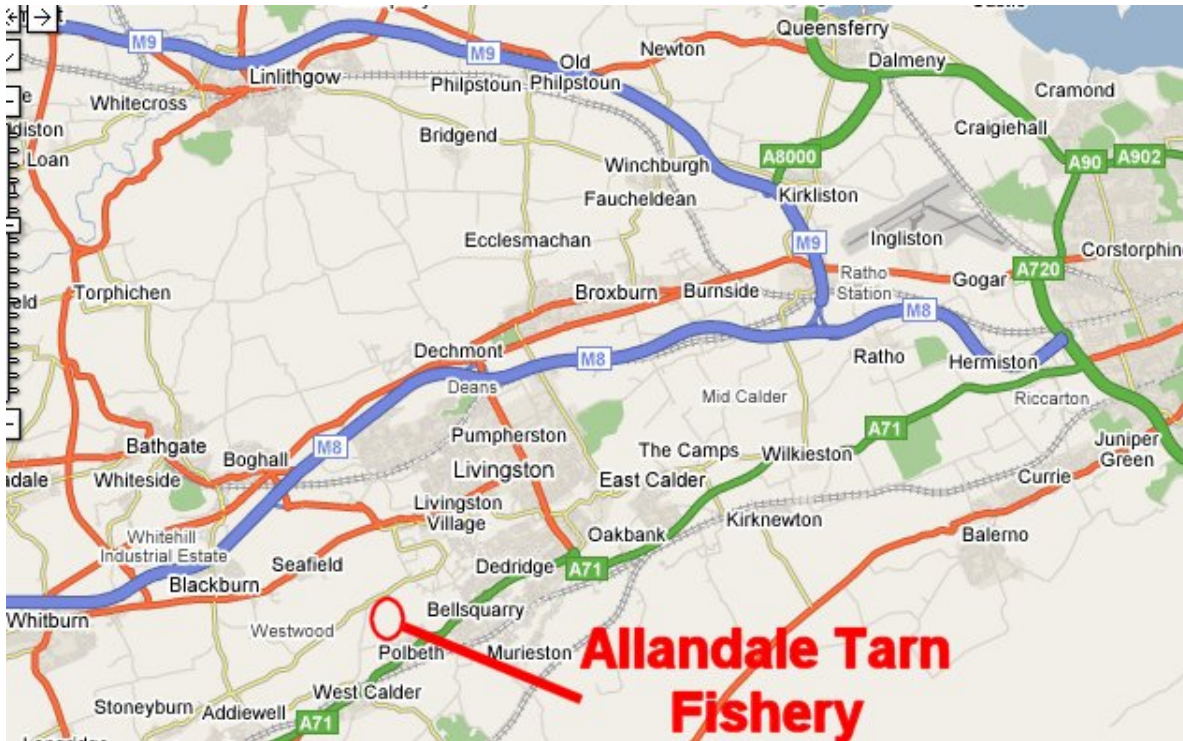


**ONE HOUR
COACHING SESSION**

Please contact me to arrange date, time and type of coaching preferred.

Tel: 0771 3484001 **eMail:** paul.buchanan23@btinternet.com No. 217

Coaching vouchers make great presents and are a good way to invest in future coaching. These can be used in any way that the holder wishes, at a time to suit you – **simply contact me to arrange.**



If you need help with directions, call me on 0771 3484001 or any of the Allandale Team on 01506 873073.

